## **News release**



Oct. 30, 2014

For more information:

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FOR IMMEDIATE RELEASE

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## "Tough Times: Teens and Parents"

One-hour KING 5 HealthLink Town Hall to air Sunday night at 10 p.m.

Seattle, WA – Western Washington was shocked by tragedy last week, when a 14 year old High School student took an unthinkable series of actions then ended his own life. As details of the violence unraveled, the information triggered fear, sadness and confusion for teens and parents alike. The inevitable question, "Why?" may never be answered.

Today's teenagers live incredibly complex and challenging lives. More challenging than parents know or may be equipped to deal with. That's where KING 5 will try to help.

This **Sunday, Nov. 2 at 10 p.m. KING 5, KONG and NWCN** will air a special, Town Hall style program. "Tough Times: Teens and Parents" hosted and moderated by Jean Enersen, will be a HealthLink production with support from members of The Home Team.



The one-hour program will feature a panel of local experts and a live studio audience\* to guide the dialogue.

"The tragedy at Marysville is a reminder of the stress and anxiety in the lives of teens today. The aim of this special is to start a conversation between teens and their parents. Right now they both need help and hope." Mark Ginther, KING 5 Executive News Director

"Tough Times: Teens and Parents" will also feature a panel of 15 local teenagers, ranging in age from 14-17 years old and representing four Western Washington counties. Moderated by KING 5 Morning Anchor (and parent of teenage children) Joyce Taylor, the students share details of the current challenges they face. Pressures from school, parents, social media and more.

"Parents need help navigating this always-on, always-connected digital world we live in today. It's much more complex than the world we grew up in." Mark Briggs, KING 5 Digital Director

Tune in this **Sunday night**, **Nov. 2 at 10 p.m.** to get the conversation going.

"Tough Times: Teens and Parents" will air simultaneously on KING, KONG and NWCN, be streamed at <a href="www.king5.com">www.king5.com</a> and be accompanied by a live chat on KING 5's social media platforms.

\*Those interested in attending the taping of our program should contact Betsy Robertson.

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